

## **Ergo elliptical trainer**



## Pedal bike with a more natural elliptical motion

The Ergo elliptical trainer allows individuals to exercise their lower limbs while remaining seated. Ideal for lymphatic drainage, post-accident rehabilitation and stimulating blood circulation. Can be used forwards or backwards. 10 different speeds. Displays time, speed, number of steps, distance covered and calories burned. 60W motor. Remote control adjustment. Non-slip pedals. Mains adapter included.

Dimensions: 44.3 x 39.5 x 25.6 cm.

Weight: 7.3 kg.



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**Date d'impression :** 26/08/2025