

## **Lumba Plus**



- A recognised stretching device
- Presentation and use video available below

The Lumba Plus uses the neuro-spinal decompression technique recognised by INSERM, practised in an osteopathic practice, which aims to relieve pressure on the spinal cord or on the nerves of the spinal column. It is a treatment increasingly used in the treatment of back pain (pinched sciatic nerve, pinched disc, scoliosis, compression of the vertebrae or lumbago).

Foldable device.

Dimensions in use: width 55 x depth 83 x height. 106 cm high.



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