

Natural position foot stool



- 811145

- **Adopt a natural position on the toilet**

On a classic toilet you sit up high with your legs at a 90° angle to have a bowel movement, yet this position is not physiological at all and blocks the faecal matter, by pressing on the rectum, the stool can have difficulty passing. With this walk, you pass at an angle of 35°, which is ideal to facilitate transit and avoid effort.

Dimensions in use: width 52 x depth 29 x height. 17.5 cm.
Weight 400 gr.

On a conventional toilet, individuals are seated with their legs at a 90° angle to the floor. However, this position is not at all physiological and can block faecal waste, putting pressure on the rectum and making it difficult to pass stools. With this step, you are seated at a 35° angle, which is ideal for facilitating transit and avoiding straining.

Dimensions when in use : width 52 x depth 29 x height 17.5 cm.

Weight : 400 g.

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