

Inflatable Reflexo balance plate



- 834010

- **Proprioceptive work in flexibility: exercises the muscles and joints by putting the user in situations of imbalance and balance.**

The inflatable balance plate is used for flexible proprioceptive rehabilitation work. It stresses the muscles and joints in situations of imbalance and balance without impact. Its inflatable rubberised material structure provides you with a gentle workout. One side smooth and one side with pimples. You can vary the flexibility of the plate by inflating it more or less. Supplied with inflation pump.

Diameter 30 cm.

Maximum user weight : 200 kg