

Reflexo inflatable balance board



- 834010

- **Body awareness and flexibility training : works the muscles and joints through imbalance and balance exercises.**

The inflatable balance board allows for flexible body awareness rehabilitation exercises. It exercises muscles and joints through impact-free imbalance and balance exercises. Its inflatable rubber structure ensures a smooth workout. One side is smooth and the other has spikes. One can vary the flexibility of the board by inflating it to a higher or lower extent. Supplied with an inflation pump.

Diameter : 30 cm.
Resistance : 200 kg.

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